FAO

Food balance sheets

Bilans alimentaires

Hojas de balance de alimentos

1984-86 average Moyenne 1984-1986 Promedio 1984-86

DOCUMENTS DEPARTMENT

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UNIVERSITY OF CALIFORNIA

Food and Agriculture Organization of the United Nations

Organisation
des
Nations
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pour
l'alimentation
et
l'agriculture

Organización de las Naciones Unidas para la Agricultura y la Alimentación

MEXICO

SUMINISTRO DE ALIMENTOS POR PERSONA

	1961–63	1964–66	1969–71	1972–74	1974–76	1976–78	1979–81	1982–84	1984–86	1986–88
POBLACION (EN MILES)	40584	44768	52792	58257	61898	65352	70428	75744	79378	83043
					KILOGRA	MOS / AÑO				
CEREALES (EXCL. CERVEZA)	156.0	157.5	164.1	164.4	165.4	166.9	171.2	175.5	178.3	180.4
RAICES Y TUBERCULOS EDULCORANTES	10.9 38.1	10.7 41.3	11.5 39.8	11.9 40.8	11.3 43.3	11.8 43.6	13.6 46.7	12.3 45.7	12.0 44.6	11.0 45.9
LEGUMINOSAS SECAS	16.0	18.2	16.3	15.6	14.5	13.1	15.6	17.1	15.9	14.7
NUECES Y SEMILLAS OLEAG. HORTALIZAS	3.5 19.1	3.7 18.9	3.2 21.5	2.7 29.8	2.9 25.4	2.9 26.2	3.3 29.7	3.9 31.1	3.7 31.0	3.3 29.4
FRUTAS (EXCL. VINO)	68.0	83.0	80.1	83.4	84.2	89.3	92.4	99.3	97.2	87.6
CARNES Y DESPOJOS HUEVOS	28.6 3.3	28.7 3.9	26.6 5.4	28.1 5.9	32.2 5.9	36.7 6.7	40.4 7.8	44.0 8.2	42.8 9.3	42.2 9.6
PESCADO Y FRUTOS DE MAR	2.6	3.1	3.9	4.3	4.3	5.1	10.6	9.9	9.9	9.7
LECHE (EXC. MANTEQUILLA) ACEITES Y GRASAS	57.7 7.5	58.4 7.5	75.4 7.4	96.9 8.1	98.1 8.8	100.5 9.5	112.0 11.6	104.2 12.8	102.9 13.7	109.3 14.2
ACEITES VEGETALES	5.7	5.9	5.6	6.0 2.1	6.5 2.3	6.9 2.6	8.7 2.9	9.9 2.9	11.0 2.7	11.8 2.5
GRASAS ANIMALES ESPECIAS	1.8 0.4	1.6 0.4	1.8 0.4	0.6	0.5	0.6	0.4	0.3	0.3	0.2
ESTIMULANTES BEBIDAS ALCOHOLICAS	1.4 22.3	1.8 26.0	2.0 27.3	1.8 31.1	1.6 33.4	1.3 34.3	1.6 39.9	1.6 36.4	1.4 34.3	1.6 32.5
BEBIDAS ALCOHOLICAS	22.0	20.0	27.0			NUMERO / DI		30.1	01.0	02.0
TOTAL GENERAL	2493	2580	2622	2680	2748	2814	3014	3115	3118	3123
PRODUCTOS VEGETALES PRODUCTOS ANIMALES	2174 319	2262 318	2279 342	2282 399	2313 435	2333 480	2473 541	2564 551	2590 527	2609 514
CEREALES (EXCL. CERVEZA)	1334	1343	1399	1381	1387	1402	1426	1474	1501	1520
RAICES Y TUBERCULOS EDULCORANTES	23 372	23 403	24 388	24 398	23 422	23 425	26 455	24 446	23 435	21 448
LEGUMINOSAS SECAS	154	175	157	150	139	126	149	164	153	142
NUECES Y SEMILLAS OLEAG. HORTALIZAS	24 12	25 12	22 15	19 20	19 17	19 18	22 20	24 22	24 23	21 22
FRUTAS (EXCL. VINO)	71	86	82	85	86	89	92	100	99	88
CARNES Y DESPOJOS HUEVOS	182 12	179 14	167 20	180 21	209 21	240 24	266 28	290 30	270 34	251 35
PESCADO Y FRUTOS DE MAR	4	5	7	7	7	8	18	18	18	18
LECHE (EXC. MANTEQUILLA) ACEITES Y GRASAS	85 182	88 185	115 182	149 199	152 214	157 229	172 280	156 312	152 336	161 349
ACEITES VEGETALES	149	155	150	159	171	179	225	255 56	283 53	302 48
GRASAS ANIMALES ESPECIAS	33 3	30 4	33 3	39 5	43 4	49 5	55 3	2	2	1
ESTIMULANTES BEBIDAS ALCOHOLICAS	2 31	3 35	3 38	3 40	3 44	2 47	3 53	3 51	3 47	3 43
AND THE PERSON NAMED IN					PROTEINA (GRAMOS / D	IA)			
TOTAL GENERAL	63.3 46.4	65.4 48.1	67.1 48.4	69.0 47.8	69.9 47.1	71.7 46.8	78.0 49.1	80.8 51.3	80.8 51.4	81.0 50.9
PRODUCTOS VEGETALES PRODUCTOS ANIMALES	16.9	17.3	18.8	21.2	22.7	24.9	29.0	29.5	29.5	30.1
CEREALES (EXCL. CERVEZA) RAICES Y TUBERCULOS	34.5 0.3	34.7 0.3	36.1 0.3	35.6 0.4	35.8 0.4	36.2 0.4	36.8 0.4	38.1 0.4	38.7 0.4	39.3 0.4
EDULCORANTES	0.1	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
LEGUMINOSAS SECAS NUECES Y SEMILLAS OLEAG.	8.4 0.9	9.5 0.8	8.6 0.7	8.2 0.5	7.6 0.5	6.9 0.5	8.2 0.6	9.0 0.7	8.4 0.7	7.7 0.6
HORTALIZAS	0.5	0.5	0.6	0.9	0.7	0.8	0.9	0.9	1.0	0.9
FRUTAS (EXCL. VINO) CARNES Y DESPOJOS	1.1 10.3	1.4 10.3	1.3 9.5	1.4 9.9	1.4	1.4 12.9	1.4	1.6 15.3	1.5 15.0	1.3 15.0
HUEVOS	0.9	1.1	1.5	1.6	1.6	1.8	2.2	2.3	2.6	2.7
PESCADO Y FRUTOS DE MAR LECHE (EXC. MANTEQUILLA)	0.7 5.1	0.8 5.1	1.1 6.6	1.1 8.6	1.0 8.7	1.2 8.9	2.8 9.9	2.7 9.3	2.7 9.2	2.7 9.8
ACEITES Y GRASAS	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
ACEITES VEGETALES GRASAS ANIMALES	0.0	0.0	0.0 0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
ESPECIAS	0.1	0.2	0.1	0.2	0.2	0.2	0.1	0.1 0.3	0.1 0.2	0.1 0.3
ESTIMULANTES BEBIDAS ALCOHOLICAS	0.3 0.2	0.3 0.2	0.4 0.2	0.3 0.2	0.3 0.3	0.2	0.3	0.3	0.3	0.3
PRODUCTOS MISCELANEOS	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
TOTAL CENEDAL	E7.0	E0 2	50 7	63.1	GRASAS (G	RAMOS / DIA 72.5	A) 82.0	87.3	87.9	87.7
TOTAL GENERAL PRODUCTOS VEGETALES	57.8 33.1	58.3 34.0	58.7 33.4	33.9	35.2	36.3	42.0	45.7	48.8	50.6
PRODUCTOS ANIMALES CEREALES (EXCL. CERVEZA)	24.7 12.7	24.3 12.6	25.3 12.9	29.2 12.5	32.4 12.5	36.1 12.7	40.0 12.7	41.6 12.8	39.1 12.9	37.1 13.0
RAICES Y TÜBERCULOS	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
EDULCORANTES LEGUMINOSAS SECAS	0.1 0.8	0.1 0.9	0.0 0.8	0.0 0.8	0.0	0.0 0.7	0.0	0.0 0.8	0.0 0.8	0.0 0.7
NUECES Y SEMILLAS OLEAG.	2.1	2.1	1.9	1.7	1.7	1.7	2.0	2.1	2.1	1.9
HORTALIZAS FRUTAS (EXCL. VINO)	0.1 0.5	0.1 0.6	0.1 0.6	0.2 0.7	0.1 0.7	0.1 0.7	0.2	0.2 0.8	0.2 0.9	0.2 0.7
CARNES Y DESPOJOS	15.3	14.9	13.9	15.2	17.8	20.4	22.8	24.8	22.7	20.7
HUEVOS PESCADO Y FRUTOS DE MAR	0.8 0.2	0.9 0.2	1.3 0.3	1.4 0.2	1.4 0.3	1.6 0.3	1.9 0.7	2.0 0.7	2.2 0.7	2.3 0.7
LECHE (EXC. MANTEQUILLA)	4.7	4.9	6.2	7.9	8.2	8.3	8.6	7.9	7.6	8.1
ACEITES Y GRASAS	20.4 16.7	20.8 17.4	20.4 16.8	22.3 17.9	24.0 19.2	25.7 20.2	31.4 25.3	35.0 28.7	37.7 31.8	39.3 34.0
ACEITES VEGETALES							6.1	6.3	5.9	5.3
ACEITES VEGETALES GRASAS ANIMALES	3.7	3.4	3.6	4.4	4.8	5.5				
	3.7 0.1 0.1	0.1 0.1	3.6 0.1 0.1	0.1 0.1	0.1 0.1	0.1 0.1	0.1 0.1	0.0 0.1	0.0 0.1	0.0 0.1